

KODA-KIMBLE & YOUNG'S

APPLIED THERAPEUTICS

The Clinical Use of Drugs

TENTH EDITION

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Applied Therapeutics

The Clinical Use of Drugs

TENTH EDITION

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The Editors wish to express their sincere thanks and longstanding admiration to the creators of Applied Therapeutics, Drs. Mary Anne Koda-Kimble and Lloyd Young. They are truly educational visionaries whom we deeply respect as the innovators and pioneers in the teaching of patient-centered drug therapeutics. Their passion has touched the lives of countless health care professional students, clinicians, and patients throughout the world. As their colleagues and friends, we are forever indebted for their contributions and we consider it a privilege to carry forward their legacy—renamed as Koda-Kimble and Young’s Applied Therapeutics—into future editions.

Preface

It has been nearly 40 years since the first edition of *Applied Therapeutics: The Clinical Use of Drugs* was published. The landscape of health care has evolved radically during this time, much of it spurred by remarkable advancements in drug discovery and clinical therapeutics. Despite these changes, the founding principle for this innovative text—a patient-centric, case-based approach to learning—remains integral to the current edition. Our authors present more than 860 patient cases that stimulate the reader to integrate and apply therapeutic principles in the context of specific clinical situations. Students and practitioners are provided with a glimpse into the minds of clinicians as they assess and solve therapeutic problems toward the development of their own critical-thinking and problem-solving skills. Every chapter in this edition has been revised and updated to reflect our ever-changing knowledge of drugs and the application of this knowledge to the individualized therapy of patients. Additionally, content within several sections has been extensively reorganized, with new chapters introduced to expand important topics. Among these are new chapters in the Arthritic Disorders, Women’s Health, Neurologic Disorders, Neoplastic Disorders, and Pediatrics sections.

Readers familiar with past editions of the text will notice some welcome changes in the tenth edition. The overall design has been updated for visual appeal and to allow the reader to more quickly distinguish cases from surrounding text. In lieu of the traditional chapter outline, all chapters now contain a Core Principles section at the beginning, which provides the most important “take home” information from the chapter. Each Core Principle is mapped to specific cases within the chapter where the principle is discussed in detail. Key references and websites are listed at the end of each chapter, whereas the full reference lists for each chapter have been moved online.

A particularly significant change to the tenth edition is the incorporation of online multimedia content, much of it author-created, for many of the chapters. These include images, videos, narrated presentations, animations, and podcasts, which can be found on the textbook’s website (see the “Additional Resources” section, which follows this preface, for more information). The incorporation of supplemental multimedia into the tenth edition marks a commitment on the part of the editorial team to ensure that *Koda-Kimble and Young’s Applied Therapeutics* increases its role as a viable and dynamic resource that can appeal to multiple learning styles and future generations. We welcome your feedback as we undertake planning for the next edition.

The authors have drawn on information from the literature, current standards, and their own clinical experiences to share the process involved in making sound and thoughtful therapeutic decisions. *However, it remains the responsibility of every practitioner to evaluate the appropriateness of a particular opinion in the context of the actual clinical situation, bearing in mind any recent developments in the field. We strongly urge students and practitioners to consult*

several appropriate information sources when working with new and unfamiliar drugs.

ACKNOWLEDGMENTS

We are deeply indebted to the many dedicated people who have given of themselves to complete the tenth edition of *Koda-Kimble and Young’s Applied Therapeutics*. As always, we are most grateful to our contributing authors who have been attentive to meeting our stringent time deadlines and unique writing format. We especially thank those authors who graciously provided multimedia to accompany their chapter, and we gratefully recognize the additional time and effort this entailed. We hold their creativity in the highest regard. The exceptional work of our section editors, Judith Beizer, Marcia Buck, Shareen El-Ibiary, Marcus Ferrone, Patrick Finley, Timothy Ives, Mark Kirstein, Lisa Kroon, Kelly Lee, Myrna Munar, Jean Nappi, Tricia Russell, and Joseph Saseen, cannot be overstated. These content experts gave us critical feedback necessary in both the organizational structure of the textbook and in the individual editing of chapters; without their dedication and assistance, this edition would not be possible. We would also like to thank Facts and Comparisons for allowing us to use their data for the construction of some of our tables.

Two individuals from Lippincott Williams and Wilkins, Meredith Brittain and Loftin (Paul) Montgomery, Jr., deserve special recognition for their efforts. Their exceptional patience, attention to detail, and firm guidance helped us all stay on task. This edition would not have come to completion without their partnership. Mary Tod (copyediting), Ed Schultes, Jr. (multimedia production), and Jeri Litteral (typesetting) all played key roles in the production of the tenth edition, and we sincerely thank them for their assistance in completing this edition. Most importantly, we would be remiss not to acknowledge the love, understanding, and support of our spouses, children, and in some cases, grandchildren. They selflessly gave to us the many early mornings, late nights, and weekends we spent writing and editing.

As in past editions, we continue to dedicate our work to our students who inspire us and to the many patients we have been privileged to care for. Our patients have repeatedly taught us how critical it is to tailor our knowledge to their specific circumstances, to listen well, and to welcome them as true partners in their care.

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Additional Resources

The Tenth Edition of *Koda-Kimble and Young's Applied Therapeutics: The Clinical Use of Drugs* includes additional resources for both instructors and students, available on the book's companion website at <http://thepoint.lww.com/AT10e>.

STUDENT RESOURCES

Students who have purchased *Koda-Kimble and Young's Applied Therapeutics: The Clinical Use of Drugs*, Tenth Edition have access to the following additional resources for each chapter:

- An audio recording of that chapter's core principles
- A full online reference list for that chapter

In addition, at least one of the following supplements each chapter to enhance the chapter content:

- Audio files (most recorded by author)
- PowerPoints (most created by author)
- PowerPoints with audio (most created/recorded by author)
- Animations

- Videos (some created by author)
- Additional content (created by author)
- Interactive versions of the algorithms found in the book
- Full-color images

INSTRUCTOR RESOURCES

Approved adopting instructors will be given access to the following additional resources:

- PowerPoint slides
- Image bank (includes all images and tables in the book)
- Pathophysiology image collection

In addition, purchasers of the text can access the searchable Full Text On-line by going to the *Koda-Kimble and Young's Applied Therapeutics: The Clinical Use of Drugs*, Tenth Edition website at <http://thepoint.lww.com/AT10e>. See the inside front cover for more details, including the passcode you will need to gain access to the website.

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